

Intake Assessment Tool to Promote Health and Wellness

This may not be a concern for you now, however we give this information sheet and this safety card to everyone who uses our services.

Many women who come to our program have experienced situations putting them at risk for unwanted or unplanned pregnancies. There is a safe medication that you can take called emergency contraception (some call it the morning after pill) up to five days after unprotected sex to prevent pregnancy. To better understand who may need or want this medication we give this form to all our clients.

*****If you are concerned about being pregnant and need a test—please let your advocate know so we can make sure you are getting this need met.***

Emergency contraception is available if:

- You had unprotected sex (without condoms or any form of birth control) in the past 5 (five) days?
 - You had sex in the last 5 days and experienced a condom breaking, being pulled off or fallen off?
 - You have forgotten to take your birth control (birth control pills, change your Nuva Ring, etc.) in the last 5 days?
 - Are worried that your partner was trying to get you pregnant when you did not want to be by having sex with you when you weren't protected with birth control, tampering with your birth control, not pulling out etc
- Please note: we may or may not have Emergency contraception available for your use here in our program
- Emergency contraception is available at the pharmacy and local clinics without a prescription if you are 17 or older, and it is taken in pill form—though it can be expensive.
- Many family planning clinics (Title X) have this medication available for free or on a sliding scale.

- If you are younger than 17, you need a prescription from a health care provider—we may be able to help assist you in this effort.