DID YOU KNOW YOUR RELATIONSHIP AFFECTS YOUR HEALTH?

Are you in a HEALTHY relationship?

Ask yourself:

● Does my partner make me have sex even when I don’t want to?

● Does my partner mess with my birth control or refuse to use condoms?

● Has my partner ever tried to get me pregnant when I didn’t want to be?

If you answered yes to any of these questions, you are not alone.

✓ As many as 1 in 3 women has experienced forced or coerced sex and/or abuse

✓ Many have experienced birth control sabotage

✓ Those who have been hurt are three times more likely to get an STD compared to women who have never been hurt

If your partner is messing with your birth control or not using condoms talk to your healthcare provider about the morning after pill to help prevent unwanted pregnancy.

If you or someone you know is afraid or needs help, call:

National Domestic Violence Hotline
1-800 799-7233 TTY 1-800 595-4889

Teen Domestic Violence Hotline 1-866 331-9474

Sexual Assault Hotline 1-800 656-4673