HEALTHY TEENS

The world’s first 3D video game to support the teaching and learning of positive, protective relationship skills.

Start Strong Rhode Island
“From Kyla, I learned that one has the right to have only what is true spoken about them. It's better when a group holds someone accountable. That's why you have to educate Marisol about her rights, so that you can work together to stop it.”

Joanna, Age 11
TRANSFORMATIONAL PLAY

“I think I should get involved even if Marisol says to stay out of it, because she probably doesn’t feel that way deep down. She is probably just afraid and so she says, ‘stay out’ even though she would probably appreciate it if I jumped in to help her.”

Alex, Age 11
CAN VIDEO GAMES SUPPORT THE TEACHING AND LEARNING OF HEALTHY RELATIONSHIP SKILLS?
STUDENTS DEMONSTRATED SIGNIFICANT LEARNING GAINS

WHAT SIGNS CAN HELP YOU DISTINGUISH A HEALTHY FROM AN UNHEALTHY RELATIONSHIP?

“If you need convincing that this is bullying, consider the fact that Marisol did not want this. Marisol would not be hiding away if she had given permission to spread the rumor about herself. That’s why this is bullying.”

-Patrick, Age 11

STD=.536;492  t=-4.026 p=.000
STUDENTS DEMONSTRATED SIGNIFICANT LEARNING GAINS

UNDERSTAND HOW TO USE RIGHTS AND RESPONSIBILITIES TO ESTABLISH AND DEFEND PERSONAL BOUNDARIES

“I would tell Marisol about some rights that she could adopt to stand up for herself such as the right to talk with others about problems she might have.”

-Lela, Age 11

STD=.536; .492 t=-4.026 p=.000
WHAT IS REVENGE AND WHEN IS IT JUSTIFIED?

“Revenge isn’t going to set anything right for Marisol. It’s such a negative thing. With restorative justice, I could help and be positive also.”

-Nelson, Age 12

STD=1.414;.801  t=-6.648  p=.000
STATISTICALLY SIGNIFICANT LEARNING GAINS

TO WHAT DEGREE SHOULD YOU GET INVOLVED IF SOMEONE ELSE IS IN AN UNHEALTHY RELATIONSHIP?

“I’d get anyone who believes that people shouldn’t stand by and do nothing. We would say ‘How would you like it if someone started rumors about you.’ The bully will see that Marisol has people on her side.”  
-Cecilia, Age 12

STD=1.414; .801  t=-6.648  p=.000
LEVEL UP

WHAT’S NEXT FOR HEALTHY TEENS?
LEVEL UP

• Make improvements to the game based on user feedback

• Replicate findings with larger study population

• Explore strategies for scale and distribution
LEARN MORE ABOUT

- The youth and adult partnership that creates the Healthy Teens game
- Our methodology for evaluation
- How you can be part of a breakthrough curriculum that scales evidence-based TDV prevention to students around the country

Talk to Kate Reilly or Christina Garcia
(in this room, right now!)

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