

# YOUR PHONE & SOCIAL NETWORKS ARE DIGITAL EXTENSIONS OF WHO YOU ARE.

WHEN SOMEONE DISRESPECTS  
YOU IN THOSE PLACES,  
**THAT'S NOT COOL.**

Are you a motivated leader, age 13-18? Do you want  
to take action against digital dating abuse in your  
school or community? Join our crew of Ambassadors  
at [www.thatsnotcool.com](http://www.thatsnotcool.com) and add your voice!

BECOME A THAT'S NOT  
COOL AMBASSADOR  
& HELP END DIGITAL  
DATING ABUSE!

**THATS NOT  
COOL.COM**

- DISCOVER CHALLENGES
- SEE THE FEED
- SHARE A CHALLENGE
- BE REWARDED

Take 30 minutes to yourself to do your favorite thing today

 36

## download the **respect effect**

A fun, new app dedicated to helping teens develop healthy relationships.



**FUTURES**  
WITHOUT VIOLENCE



**THAT'S NOT  
COOL.COM**



Thursday, February 12, 2015

Talk to a friend who looks lonely or is having a bad day

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Wednesday, February 11, 2015

Take a selfie with someone you trust