



Support is All Around You

You are not alone. Get safe, private information to help your family on a path towards healing.

The Durham community has built a network of support for families who want to find healing after violence in the home. For parents and kids, we can help you through the system to get services you need.

There is more than one way forward to a safe future for your family. If you just need somebody to talk to or need help finding the support your family needs, there will be someone to help you.

**Know that you can
receive services
regardless of
immigration status.**

Your kids count on you for the physical and emotional safety they need. With ongoing support, we'll work together for a healthy future for your kids.

It's never too late to get the care your family needs. A better future for your child starts with asking for help when you need it.

Every Family Needs Support.

We Are Here to Help.

One call can make a huge difference for you and your kids.

Visit DurhamHelp.org or call 919-403-6562 to get ideas of where to start for your community.

Project coordinated by:



CENTER FOR
CHILD & FAMILY
HEALTH



Social Services



Supporting Children, Together



PATHWAYS to CHANGE

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