



Media Advisory

For Wednesday, June 12 at 4 pm EDT

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Dads Get Serious About Mental Health: A Virtual Event

U.S. Senator, NFL Player, Bestselling Author, Pulitzer-Prize-Winning Cartoonist, Others Will Come Together Wednesday to Share Everyday Actions to Create Connection for Young Men

With Father's Day fast approaching and during Men's Mental Health Month, [Futures Without Violence](#) and [Equimundo](#) will hold an event, *Dads Get Serious About Mental Health*, that streams on Wednesday, June 12. This virtual event is designed to share everyday steps we can all take to address the mental health challenges so many young men are facing today:

Dads Get Serious About Mental Health

Wednesday, June 12, 4 pm ET

WITH

U.S. Senator Alex Padilla

Poet Hakim Bellamy

Author Shaka Senghor

Cartoonist Darrin Bell

Filmmaker Bing Liu

An NFL Player and His Dad

Youth Activist and School Shooting Survivor David Hogg

As the U.S. Surgeon General has noted, our country is facing a crisis. According to Equimundo's State of American Men Report (2023), two-thirds of young men (65%) say "no one really knows me well." Nearly four in five deaths from suicide are men. And the anger and isolation many young men feel is taking a toll. That's why so many fathers (and future fathers) are coming together for ***Dads Get Serious***, to highlight simple steps we can all take to foster connection and belonging for young people, wherever they live, play and learn.

Event registration is here: <https://www.futureswithoutviolence.org/dads-get-serious/>

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ABOUT FUTURES WITHOUT VIOLENCE:

For more than 35 years, FUTURES has been providing groundbreaking programs, policies and campaigns that empower individuals and organizations working to end violence against women and children around the world. Striving to reach new audiences and transform social norms, FUTURES trains professionals such as doctors, nurses, judges and athletic coaches on improving responses to violence and abuse. FUTURES also works with advocates, policymakers and others to build sustainable community leadership and educate

people everywhere about the importance of respect and healthy relationships. More information is available at www.futureswithoutviolence.org