



## Resources on COVID-19 Response for Domestic & Sexual Violence Programs

Below are a few tips for virtual co-working. The next pages include resources on: advocacy and technology, staff wellness, remote management, leadership/infrastructure, and webinar opportunities.

### Tips for Virtual Co-Working

- ❖ Communication is key. Think of all the different methods available to you and your coworkers and determine what works best for individuals.
- ❖ Don't expect everyone to follow the same schedule. Provide flexibility to individuals for how they can get their work accomplished. Also, be practical about what can be achieved in a day.
- ❖ Reach out daily. Set a time for an optional, 10 minute daily team check-in/ huddle.
- ❖ Think about what combination of email, phone, and/or video conferencing is most effective for your team. Consider Skype, GoToMeeting, Google Hangouts, and Zoom.
- ❖ When using video conferencing, consider choosing a rotating facilitator for each meeting.
- ❖ Check in with coworkers individually to see how they are doing and what support is helpful.
- ❖ Become aware of the resources that are available in employee locales and also, what services are curtailed right now for helping survivors. Circulate that information to all staff.
  - Are shelters open?
  - How can individuals access advocates?
  - Are courts accessible physically or virtually for protection orders and other assistance?
- ❖ Staff may experience a wide range of trauma and violence at home themselves. Practice compassion and service to each other, the same way we do for others in our communities.

For information, resources, and TA on organizational sustainability and capacity building through the [SOS Institute](#), please contact Futures Without Violence. [Learn more and access resources](#). Contact: Mónica Arenas, [marenas@futureswithoutviolence.org](mailto:marenas@futureswithoutviolence.org)

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## **Advocacy**

- [Information on COVID-19 for Survivors, Communities, and DV/SA Programs](#), *FUTURES*
- [Survivors and the Workplace - In Spanish - Coronavirus Response Resources](#), *FUTURES*
- [Resources for Survivors Experiencing Unemployment or Working Remotely](#), *WRNRC, FUTURES*
- [Support for Working Families: Coronavirus Aid, Relief, and Economic Security \(CARES\) Act](#)
- [Covid-19 Resources for Communities: ABA Commission for DV/SA](#), for survivors/advocates/lawyers
- [Compilation of Resources for DV/SA Services](#) (including immigrant survivors and legal services)
- [Resource Library for Advocates and Survivors Compiled by Casa de Esperanza](#) (in Spanish)
- [COVID-19 Resources, Services, and Support](#), (HT/DV/SA) Office of Trafficking in Persons
- [A Guide for Survivors of Sex Trafficking During COVID-19](#), Sanctuary for Families
- [Supporting Survivors' Access to Substance Use Disorder & Mental Health Services -COVID-19](#)
- [COVID-19: Coalition Guidance for Programs](#), NNEDV
- [COVID-19: Guidance for Tribal Programs](#)
- [Things to Consider for Shelter Programs During COVID-19](#), Violence Free Colorado
- [COVID-19 Screening and Triange Tool for Providers of Youth Experiencing Homelessness](#)
- [Tips for Survivors: Coping with Anger After a Disaster or Other Traumatic Event](#), SAMHSA
- [Should I stay or go? Helping survivors with interstate custody/relocation](#), recorded Webinar, ABA
- [Tenant Rights on Domestic Violence Survivors During COVID-19](#)
- [Tips for Helping a Friend Experiencing Domestic Abuse During COVID-19](#)
- [The National Deaf Domestic Violence Hotline](#)

## **Advocacy & Technology**

- [Telehealth, COVID-19, and Intimate Partner Violence](#), *FUTURES*
- [Using Technology to Communicate with Survivors During a Public Health Crisis](#), NNEDV
- [Best Practices for Mobile Advocacy](#), NNEDV
- [Tools for Survivors, Friends & Family, COVID-19 Pandemic Response](#), in English/Spanish, NNEDV
- [Best Practices for Texting & Messaging with Survivors.](#)
- [Best Practices When Communicating with Survivors by Email](#)
- [NASW: Standards for Technology in Social Work Practice](#)
- [Safety Planning COVID-19, a Guide for Survivors of Domestic Violence](#), Sanctuaries for Families
- [Safety Planning Considerations During COVID-19](#) (Guilford County FJC)
- [Metro Office of Family Safety Client Follow-Up Sample Scripts](#)
- [Technology as a Tool for Advocacy: Accessible and Safe Use of Technology to Serve Survivors with Disabilities During COVID-19 and Beyond](#) (webinar)

## **Staff Wellness**

- [For Families and Children, FUTURES](#)
- [Health and Wellness During The Coronavirus Pandemic, FUTURES](#)
- [Self-care During COVID-19, Arizona Coalition to End Sexual and Domestic Violence](#)
- [Sheltering in Place: ACEs-Informed Tips for Self-Care During a Pandemic](#)
- [CDC: Managing Stress and Anxiety](#)
- [Trauma Informed Response for Work Settings](#)
- [People Leader Resilience Playbook: How to lead in the midst of uncertainty](#)
- [Building Organizational Resilience in the Face of a Ubiquitous Challenge](#)
- [Tiny Survival Guide, Trauma Stewardship Institute](#)
- [Mindfulness Practices](#)
- [Taking Care of Your Mental Health in the Face of Uncertainty, AFSP](#)
- [Weathering the Emotional Storms of a Crisis — A Guide for Individual Contributors and Managers](#)
- [Native Wellness Institute: Native Wellness Power Hour at Noon Pacific. Storytelling and Workshops](#)
- [COVID-19: Health and Safety for Law Enforcement Families](#)
- [Estamos Aquí: Remote Work: Considerations From a Culturally Specific Organization \(webinar\)](#)
- [Administering Justice in Tribal Courts: How Are You? Self-Care During the Pandemic \(Webinar\)](#)
- [Find a Local Health Center](#)

## **Remote Work Management Resources**

- [Remote Work Resources, TA2TA](#)
- [How to Operate as a Remote Workplace During a Public Health Crisis, NNEDV](#)
- [Sample Telecommuting Policy, Vermont Network](#)
- [Managing When You are Not Face to Face \(Management Center\)](#)
- [Remote Supervision in Rural Dual/Multi-Service Advocacy Agencies \(Resource Sharing Project\)](#)
- [A Guide to Managing Your \(Newly\) Remote Workers, HBR](#)
- [Tips and Policies for Personal and Remote Devices, Victim's Rights Law Center](#)
- [Building Trust While Working Remotely, From the Ford Foundation](#)
- [Check-in Meeting Agenda Template Sample \(COVID-19\)](#)
- [How to Facilitate Effective Virtual Meetings \(Beth Kanter\)](#)
- [How to Get People to Actually Participate in Virtual Meetings, Harvard Business Review](#)
- [Re-prioritizing Work, The Management Center](#)
- [Nonprofit Resources for Remote Work, TechSoup, technology resources/recommendations](#)
- [Working Remotely Success Checklist](#)
- [Practicing Digital Resilience: Recommendations for Staying Secure While Flattening the Curve](#)

## **Resources & Webinars on COVID-19 Health Crisis**

- ❖ [Resources, Events, Compiled by Topic & Profession - Survivor Support & Advocacy: TA2TA OVW](#)
- [Futures Without Violence, Webinars](#)
- [TA2TA Calendar of webinars for DV/SA/HT programs, by topic](#)
- [ABA Covid-19 Civil Rights & Social Justice webinar series](#)
- [Global Rights for Women, court and work with perpetrators](#)
- [COVID-19 Resources for Domestic Violence Organizations, by Topic, NCADV](#)
- [National Network to End Domestic Violence, Resources](#)
- [NC, National and DV-Specific Resources - COVID-19](#) (includes updates on funding opportunities)
- [Recordings of listening sessions on survivors from specific underserved communities. NRCRV](#)

## **Infrastructure Leadership and Management Resources**

- [DOJ, Office on Violence Against Women, Information Regarding COVID-19](#)
- [Emergency Preparedness Toolkit, California Partnership to End Domestic Violence](#)
- [Recommendations for Responding to COVID-19 IN Domestic Violence Shelters \(medical\)](#)
- [Interim Guidance for Employers to Plan and Respond to Coronavirus Disease 2019, CDC](#)
- [Preventing and Managing the Spread of COVID-19 Within Domestic Violence Programs, NCADV](#)
- [Organizational Readiness: Ensuring your Agency is Prepared for COVID-19, IACP](#)
- [Sample Administrative Leave Policies, Resource Sharing Project](#)
- [Frequently Asked Questions Regarding Policies for Health and Safety Leave, Missouri Coalition](#)
- [Sample Hazard Pay Policy for DV Programs - Version 1 & Version 2 \(NNEDV\) & Version 3 \(DE\)](#)
- [COVID-19 HR, Personnel, and Management Resources, Resource Sharing Project](#)
- [COVID-19 Organizational Management Resources, The Management Center](#)
- [Payroll Protection Program Loans and Legally Mandated Emergency Leaves \(CPEDV compiled\)](#)
- [Nonprofit Human Resources for responding to COVID-19, Nonprofit HR](#)
- [Memo on Identification of Essential Critical Infrastructure Workers During Covid-19 Response \(DHS\)](#)
- [Remote Board Operations, DC Bar Legal Alert](#)
- [What Nonprofit Board Members Should Be Doing Right Now to Address the COVID-19 Situation](#)
- [Sample Remote Work and Administrative Leave Policies to Be Adopted by Your Board of Directors](#)
- [COVID-19 Tools and Resources for Nonprofits, Nonprofit Finance Fund](#)
- [State by State Listing of Community Foundations with Coronavirus Relief Efforts](#)
- [COVID-19 Resources for Nonprofits - Sustainability \(GlobalGiving\)](#)
- [Eight Steps for Managing Through Tough Times \(Bridgespan\)](#)
- [Sustainability to Survivability: 5 Nonprofit Finance Must-Do's in the Time of COVID \(Nonprofit Quart\)](#)

## **Reopening Information & Resources**

- [Domestic Violence Reopen Guidance](#) (Sample, Ohio Domestic Violence Network)
- [Building an Employer Response that Protects Survivors](#) (Ohio Domestic Violence Network)
- [Reopening Guidance for Cleaning & Disinfecting Public Spaces, Workplaces, Schools, Homes](#), CDC
- [5 Steps to Reopen Your Workplace, According to CDC's Latest Guidance](#), Fisher Phillips (4/21)
- [Guidance on Preparing Workplaces for COVID-19](#), OSHA
- [Planning Considerations for Organizations in Reconstituting Operations During the COVID-19 Pandemic](#), FEMA
- [What You Should Know About COVID-19 and the ADA, the Rehabilitation Act, and Other EEO Laws](#), EEOC
- [Reopening Checklist \(sample\)](#), covering policies, health and safety, ThinkHR (4/28)
- [Sample letter to employees regarding face coverings](#), ThinkHR (4/28)
- [Back-to-Work Checklist, a guide for returning to work in the era of COVID-19](#), ASE
- [Workplace Readiness Essentials, the Safe Six](#), Cushman & Wakefield
- [Scenario Planning for COVID-19](#), The Management Center
- [Best Practices for Food Pick-Up/Delivery Services During the COVID-19 Pandemic](#), FDA (4/20)
- [Feeding in COVID-19, Congregate Shelters and Groups](#), Red Cross (4/20)
- [Resiliency now! Planning for the Next Normal](#), Georgia Center for Nonprofits
- [CDC "decision tools" for opening facilities](#), (5/14)
  - [Childcare decision tool](#)
  - [Youth programs and camps decision tool](#)
  - [Workplace decision tool](#)
  - [Cleaning & disinfecting decision tool](#)
- [COVID-19 Responsible Protocols for Getting Back to Work \(Ohio.gov\)](#) sample
- [COVID-19 Checklist for Businesses and Employers \(Ohio Department of Health\)](#) sample
- [Responsible Restart Ohio General Office Environments \(Ohio Department of Health\)](#) sample
- [Maptitian Care](#) office-space management software for social distancing, free through the end of 2020 for homeless shelters, women's shelters, community organizations, and clinics.

### **Note:**

*This list of resources are for general information and are not legal, safety, or medical advice. To obtain the most current guidelines for health and safety related to the health crisis, please refer to the Centers for Disease Control and your state and local authorities.*