



Resources on COVID-19 Response for Domestic & Sexual Violence Programs

Below are a few tips for virtual co-working. The next pages include resources on: advocacy and technology, staff wellness, remote management, leadership/infrastructure, and webinar opportunities.

Tips for Virtual Co-Working

- ❖ Communication is key. Think of all the different methods available to you and your coworkers and determine what works best for individuals.
- ❖ Don't expect everyone to follow the same schedule. Provide flexibility to individuals for how they can get their work accomplished. Also, be practical about what can be achieved in a day.
- ❖ Reach out daily. Set a time for an optional, 10 minute daily team check-in/ huddle.
- ❖ Think about what combination of email, phone, and/or video conferencing is most effective for your team. Consider Skype, GoToMeeting, Google Hangouts, and Zoom.
- ❖ When using video conferencing, consider choosing a rotating facilitator for each meeting.
- ❖ Check in with coworkers individually to see how they are doing and what support is helpful.
- ❖ Become aware of the resources that are available in employee locales and also, what services are curtailed right now for helping survivors. Circulate that information to all staff.
 - Are shelters open?
 - How can individuals access advocates?
 - Are courts accessible physically or virtually for protection orders and other assistance?
- ❖ Staff may experience a wide range of trauma and violence at home themselves. Practice compassion and service to each other, the same way we do for others in our communities.

For information, resources, and TA on organizational sustainability and capacity building through the [SOS Institute](#), please contact Futures Without Violence. [Learn more and access resources](#). Contact: Mónica Arenas, marenas@futureswithoutviolence.org

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Advocacy

- [Information on COVID-19 for Survivors, Communities, and DV/SA Programs](#), *FUTURES*
- [Survivors and the Workplace - In Spanish - Coronavirus Response Resources](#), *FUTURES*
- [Resources for Survivors Experiencing Unemployment or Working Remotely](#), *WRNRC, FUTURES*
- [Support for Working Families: Coronavirus Aid, Relief, and Economic Security \(CARES\) Act](#)
- [Covid-19 Resources for Communities: ABA Commission for DV/SA](#), for survivors/advocates/lawyers
- [Compilation of Resources for DV/SA Services](#) (including immigrant survivors and legal services)
- [Resource Library for Advocates and Survivors Compiled by Casa de Esperanza](#) (in Spanish)
- [COVID-19 Resources, Services, and Support](#), (HT/DV/SA) Office of Trafficking in Persons
- [COVID-19 Resources for Domestic Violence Organizations, by Topic](#), NCADV
- [Deaf Advocacy Project \(DAP\) Vlog: Coronavirus Safety Plan](#) (video)
- [A Guide for Survivors of Sex Trafficking During COVID-19](#), Sanctuary for Families
- [Supporting Survivors' Access to Substance Use Disorder & Mental Health Services -COVID-19](#)
- [Preventing and Managing the Spread of COVID-19 Within Domestic Violence Programs](#), NCADV
- [COVID-19: Coalition Guidance for Programs](#), NNEDV
- [COVID-19: Guidance for Tribal Programs](#)
- [Things to Consider for Shelter Programs During COVID-19](#), Violence Free Colorado
- [COVID-19 Screening and Triange Tool for Providers of Youth Experiencing Homelessness](#)
- [Tips for Survivors: Coping with Anger After a Disaster or Other Traumatic Event](#), SAMHSA
- [Should I stay or go? Helping survivors with interstate custody/relocation](#), recorded Webinar, ABA
- [Tenant Rights on Domestic Violence Survivors During COVID-19](#)

Advocacy & Technology

- [Using Technology to Communicate with Survivors During a Public Health Crisis](#), NNEDV
- [Best Practices for Mobile Advocacy](#), NNEDV
- [Tools for Survivors, Friends & Family](#), COVID-19 Pandemic Response, in English/Spanish, NNEDV
- [Best Practices for Texting & Messaging with Survivors.](#)
- [Best Practices When Communicating with Survivors by Email](#)
- [NASW: Standards for Technology in Social Work Practice](#)
- [Safety Planning COVID-19, a Guide for Survivors of Domestic Violence](#), Sanctuaries for Families
- [Safety Planning Considerations During COVID-19](#) (Guilford County FJC)
- [Metro Office of Family Safety Client Follow-Up Sample Scripts](#)
- [Technology as a Tool for Advocacy: Accessible and Safe Use of Technology to Serve Survivors with Disabilities During COVID-19 and Beyond](#) (webinar)

Staff Wellness

- [For Families and Children, FUTURES](#)
- [Health and Wellness During The Coronavirus Pandemic, FUTURES](#)
- [Self-care During COVID-19, Arizona Coalition to End Sexual and Domestic Violence](#)
- [Sheltering in Place: ACEs-Informed Tips for Self-Care During a Pandemic](#)
- [OVC: Vicarious Trauma Toolkit](#)
- [CDC: Managing Stress and Anxiety](#)
- [ACEs Aware Stress Management Resource List & Trauma Informed Response for Work Settings](#)
- [People Leader Resilience Playbook: How to lead in the midst of uncertainty](#)
- [Coping in Hard Times: Fact Sheet For Community Organizations And Leaders](#)
- [Building Organizational Resilience in the Face of a Ubiquitous Challenge](#)
- [Tiny Survival Guide, Trauma Stewardship Institute \(TSI\)](#)
- [Taking Care of Your Mental Health in the Face of Uncertainty, AFSP](#)
- [Weathering the Emotional Storms of a Crisis — A Guide for Individual Contributors and Managers](#)
- [Native Wellness Institute: *Native Wellness Power Hour at Noon Pacific*. Storytelling and workshops](#)
- [COVID-19: Health and Safety for Law Enforcement Families](#)
- [Estamos Aquí: Remote Work: Considerations From a Culturally Specific Organization \(webinar\)](#)
- [Administering Justice in Tribal Courts During the COVID-19 Pandemic: How Are You? Self-Care During the Pandemic \(Webinar\)](#)
- [Find a Local Health Center](#)

Remote Work Management Resources

- [Remote Work Resources, TA2TA](#)
- [How to Operate as a Remote Workplace During a Public Health Crisis, NNEDV](#)
- [Sample Telecommuting Policy, Vermont Network](#)
- [Managing When You are Not Face to Face \(Management Center\)](#)
- [A Guide to Managing Your \(Newly\) Remote Workers, HBR](#)
- [Tips and Policies for Personal and Remote Devices, Victim's Rights Law Center](#)
- [Building Trust While Working Remotely, From the Ford Foundation](#)
- [Re-prioritizing Work, The Management Center](#)
- [Nonprofit Resources for Remote Work, TechSoup, technology resources/recommendations](#)
- [How to Get People to Actually Participate in Virtual Meetings, Harvard Business Review](#)
- [Remote Supervision in Rural Dual/Multi-Service Advocacy Agencies \(Resource Sharing Project\)](#)
- [Working Remotely Success Checklist](#)
- [Practicing Digital Resilience: Recommendations for Staying Secure While Flattening the Curve](#)

Infrastructure Leadership and Management Resources

- [DOJ, Office on Violence Against Women, Information Regarding COVID-19](#)
- [Emergency Preparedness Toolkit, California Partnership to End Domestic Violence](#)
- [Interim Guidance for Employers to Plan and Respond to Coronavirus Disease 2019\), CDC](#)
- [Guidance on Preparing Workplaces for COVID-19, OSHA](#)
- [Organizational Readiness: Ensuring your Agency is Prepared for COVID-19, IACP](#)
- [Scenario Planning for COVID-19, The Management Center](#)
- [Sample Administrative Leave Policies, Resource Sharing Project](#)
- [COVID-19 HR, Personnel, and Management Resources, Resource Sharing Project](#)
- [COVID-19 Organizational Management Resources, The Management Center](#)
- [Payroll Protection Program Loans and Legally Mandated Emergency Leaves \(CPEDV compiled\)](#)
- [Nonprofit Human Resources for responding to COVID-19, Nonprofit HR](#)
- [Check-in Meeting Agenda Template Sample \(COVID-19\)](#)
- [Nonprofit Communications in the Age of Coronavirus, Resource Media](#)
- [Remote Board Operations, DC Bar Legal Alert](#)
- [What Nonprofit Board Members Should Be Doing Right Now to Address the COVID-19 Situation](#)
- [Reopening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools, and Homes \(CDC\)](#)
- [Reopening the Workplace: A Preliminary Guide for Employers](#)
- [Nonprofit Pandemic Resources, North Carolina Center for Nonprofits](#)
- [NC, National and DV-Specific Resources - COVID-19 \(includes updates on funding opportunities\)](#)
- [COVID-19 Tools and Resources for Nonprofits, Nonprofit Finance Fund](#)
- [State by State Listing of Community Foundations with Coronavirus Relief Efforts](#)
- [COVID-19 Resources for Nonprofits - Sustainability \(GlobalGiving\)](#)

Webinars & Resources:

- [Futures Without Violence](#)
- [TA2TA Calendar of webinars for DV/SA/HT programs, by topic](#)
- [ABA Covid-19 Civil Rights & Social Justice webinar series](#)
- [Global Rights for Women](#)
- [Recordings of listening sessions on survivors from specific underserved communities. NRRCRV](#)

Resources, Events, and Webpages Compiled by Topic and Profession

For support and advocacy to survivors during the pandemic.

- ❖ [COVID-19 Resources by Profession & Topic, TA2TA OVW Providers Resource Center](#)