

Under that same Title IX law if you or a friend comes forward:

- ✓ The school has an obligation to protect your safety and educational rights.
- ✓ This means they need to develop a safety plan for you.
- ✓ The schools need to make the safety plan details clear to the hurt student and the person who caused harm.
- ✓ The school needs to educate students about what constitutes retaliation including the use of friends or social media to intimidate or harm others and consequences for all involved.

Cyber Fall Out

You went to a party. Someone took pictures of you or your friend.

- Maybe they posted them everywhere: #she's a slut
- Maybe you got wasted and someone took pictures: #he's a fag
- Maybe there were sexual pics or video that went viral

If this happened to you or a friend you are NOT alone. Maybe you feel ashamed or worried your reputation is ruined. **Please know this is not the end of your story and it's NOT YOUR FAULT. GET HELP.**

If someone tells you they feel suicidal or you do—take action. Call this free anonymous suicide hotline: **1-800-273 TALK (8255).**

Prevention App

Figuring out what to do at a party when you know things are getting uncomfortable or out of control can be hard.

Circle of 6 is a safety app where you input contact info of six friends who would have your back if you were in trouble. With just two taps of your finger, a preprogrammed text goes out letting your friends know you need help.

🗨️ "Call and pretend you need me. I need an interruption."

📍 "Come and get me. I need help getting home safely." It will send a map using GPS to show your circle exactly where you are. The hope is that one of the 6 will get the message in time to help.

Scan this to download the app on your phone.



Call 911 if you are in immediate danger.



FuturesWithoutViolence.org

If you know someone who has been sexually harassed/ hurt/assaulted, you can text/call these numbers 24/7 for info on how to help a friend or get support.

Teen dating abuse

1-800-331-9474 | Text "loveis" to 22522

Text trained counselors about anything else that's on your mind: **Text "HELLO" to 741741**

You can make a difference and take a stand against harassment and sexual violence.

Use the powerful documentary *Audrie & Daisy* to help educate your community about rape and cyber retaliation in high school.

To host a screening of *Audrie & Daisy*: **www.audrieanddaisy.com**

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Not everyone has support.

- How are you doing?
- Who is supporting you?
- Being a student can be lonely—like you are on the outside of friends and family.

This can be really complicated if something bad has happened to you or you are trying to figure out relationships. Maybe your parents/caregivers were good role models—maybe they weren't. This card is for anyone who is trying to figure out what healthy looks like or help someone who is hurt and needs help.

Healthy Relationships

Whether it is a casual hook up or you are seeing someone seriously—they should be:

- ✓ Respectful, kind, safe: it's that simple

Sometimes folks are so beaten down—they forget the basics of what we all deserve. You deserve to be heard and respected by the other person. They should care about what you like and don't like romantically or sexually. Consent should be a big part of any conversation, including asking if you want any romantic or sexual contact at all.

Consent is Sexy

Consent is: a voluntary, active agreement with any person to do something of sexual nature—this could be anything from verbal, “Hey hottie” (that is harassment if it is unwanted) to kissing, touching, etc.

If you are with someone and you say no at any point, **THEY HAVE TO STOP, period. It's a crime if they continue or if someone hooks up with you when you are drunk, high, asleep or too afraid to say no.**

Sometimes students think, because of what they were wearing or because they were wasted what happened was their fault.

It is NOT your fault.

Reality

Some students don't get to give consent.

- 48% of students will experience sexual harassment during middle or high school.
- 20% of students will experience sexual or physical violence from someone they are going out with.
- 42.2% of female rape victims were first raped before age 18.
- Young women, LGBTQ, Trans, and gender binary youth experience these things the most, but straight male students can also be victims.

If something like this has happened to you, you are not alone and it wasn't your fault. You have both legal rights and rights as a student.

Student Rights: Title IX

There is federal law that every publicly funded school in America has to follow.

- Title IX is a law set up to protect students rights to education and safety.
- Schools must protect or intervene when cyber or in person harassment, unwanted touching, groping, rape or any relationship abuse occurs by school peers or staff.

This kind of stuff happens at every school—if it is happening to you or a friend, **your school is required to keep you safe and make it stop.** For more: <http://knowyourix.org/>

