

FEBRUARY 2017

WWW.BREAKTHECYCLE.ORG/TEENDVMONTH



It's Time to Talk Week bridges the gap between adults and youth by having targeted conversations about healthy relationships and preventing teen dating abuse.

<p>2/1/17</p> <p>Openers & Firsts</p> <p>Compare first crush and date stories with a young person</p>	<p>2/2/17</p> <p>Share Your Seconds</p> <p>Discuss what happens when you start to get more serious</p>	<p>2/3/17</p> <p>The Third Wheel</p> <p>Talk about isolation, helping a friend, and navigating hookup culture</p>

<p>2/6/17</p> <p>Office Party</p> <p>Use the break room to #ChalkAboutLove with your co-workers</p>	<p>2/7/17</p> <p>Middle/High School</p> <p>Set up a table at lunch or host a club activity to #ChalkAboutLove</p>	<p>2/8/17</p> <p>Public Spaces</p> <p>Coffee shops, public parks, wherever! Get permission & set up a chalkboard</p>
<p>2/9/17</p> <p>College Campuses</p> <p>Connect with student orgs or leadership to host a chalking space & spread awareness</p>	<p>2/10/17</p> <p>Online Party</p> <p>Chalk up social media. Tell everyone why you #ChalkAboutLove & tag Break the Cycle</p>	



Chalk About Love Week is your opportunity to create a dating abuse awareness event with a pop of color. Use chalkboards to start engaging, honest conversations about dating, relationships, and love.



Real Week is hosted by Break the Cycle's national youth movement, Let's Be Real. This week uses fun action items that challenge everyone to get real about relationships.

<p>2/20/17</p> <p>Music Monday</p> <p>Create a playlist of songs that define you and healthy relationships.</p>	<p>2/21/17</p> <p>Talk It Out Tuesday</p> <p>Practice using the "I Feel...When" method to talk about your feelings.</p>	<p>2/22/17</p> <p>Wishlist Wednesday</p> <p>Make a wishlist of the qualities you want in a relationship or partner.</p>
<p>2/23/17</p> <p>Throwback Thursday</p> <p>Write a letter to an ex telling them things you learned and what you wish could have been different in the relationship.</p>	<p>2/24/17</p> <p>Freaky Friday</p> <p>Talk about the realities of sex, consent, and boundaries when it comes to hooking up, hanging out, and dating.</p>	