Futures Without Violence Webinar January 18, 2017

### Intimate Partner Violence (IPV) and Pregnancy

Diana Cheng, M.D. Consultant, Women's Health Fellow, American Congress of Obstetricians & Gynecologists (FACOG)

### Objectives

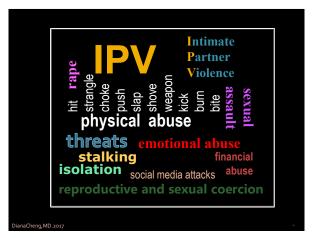
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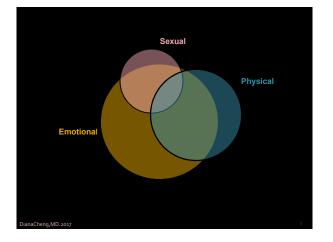
- Describe the many characteristics that make up IPV
- Realize the prevalence of IPV and its impact on pregnancy (and the impact of pregnancy on IPV)
- Learn the important role of health care workers and advocates in helping women
- Identify potential local and national partnerships

### **Definition: Intimate Partner Violence**

- Pattern of assaultive or coercive behaviors perpetrated by a current or former intimate partner
- Characterized by control or domination of one person over another

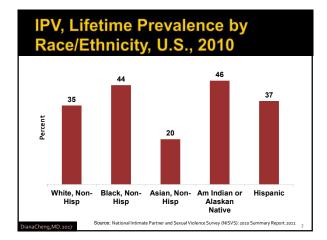
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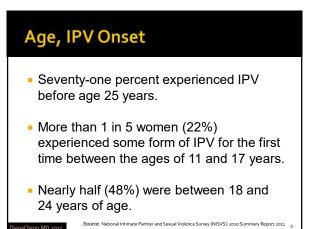




### IPV Prevalence, U.S., 2010

IPV	Past year	Lifetime
Rape	0.6	9.4
Physical violence	4.0	32.9
Stalking	2.8	10.7
Rape, physical violence and/or stalking	5.9	35.6
	ice Survey (NISVS): 20	





# Populations

IPV occurs among individuals of every race, religion, ethnicity, age, culture, socioeconomic class, education level, gender and sexuality.

- Immigrant and refugees
- Disabled
- Lesbian, gay, bisexual, transgender (LGBT)
- Teen
- Male

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Pregnant

# **IPV Prevalence by Sexual Orientation**

	Sexual Orientation	IPV Prevalence (%)	
	Lesbian	44	
	Bisexual	61	
	Heterosexual	35	
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# Health Impact – Direct Clues Physical Injuries Head, Neck, Face "Black eye", TMJ/tooth disorders, fracture nose/ear, head trauma, strangulation Significant marker for IPV in unwitnessed injuries\* Traumatic brain injury Limb, abdomen, breast, pelvic Fractures, bruises, sprains. lacerations, burns, bites, vaginal/anal tears

\*Wu et al.Trauma, Violence & Abuse 2010

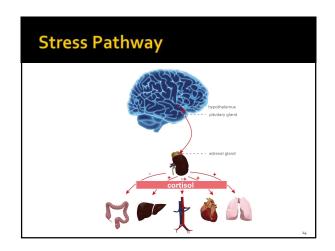
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Health Impact – Indirect clues

Medical Disorders Associated with IPV among Women					
Mental Health	Depression, anxiety, PTSD, eating disorders, phobia, panic attacks, insomnia, suicide				
Substance abuse	Tobacco, alcohol and drug abuse, tranquilizer, sleeping pills				
Chronic disorders	Chronic pain, anemia, asthma, obesity, diabetes, headaches, hearing loss, TMJ disorders, fibromyalgia, arthritis, GI disorders (IBS, ulcers), cardiovascular disorders, seizures				
Reproductive health	Pelvic pain, dysmenorrhea, dyspareunia, vaginitis, STI, UTI, unintended pregnancy, poor prenatal behaviors, poor pregnancy outcomes				
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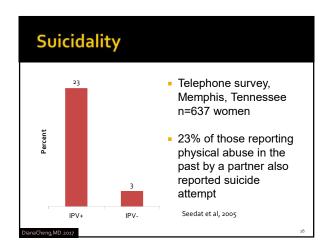
Prevalence of Health Outcomes by History of Rape or Stalking (any partner) or Physical Violence by Intimate Partner, U.S. Women

Health Outcome	Yes violence	No violence	P value
Asthma	23.7	14.3	<.001
Irritable Bowel Syndrome	12.4	6.9	<.001
Diabetes	12.6	10.2	<.001
Hypertension	27.3	27.5	not signif
Frequent headaches	28.7	16.5	<.001
Chronic pain	29.8	16.5	<.001
Difficulty sleeping	37.7	21.0	<.001
Activity Limitations	35.0	19.7	<.001
Poor Physical Health	6.4	2.4	<.001
Poor Mental Health	3.4	1.1	<.001
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# **IPV and Mental Health**

- Meta-analysis 1980-2010, 37 U.S. studies
   2-3 fold increased risk of major depressive
  - disorder (MDD) among women exposed to IPV vs. non-exposed women 1.5-2 fold increased risk of elevated depressive
  - 1.5-2 told increased risk of elevated depressive symptoms (EDS) and postpartum depression (PPD)
  - 9-28% of MDD/EDS/PPD may be attributed to lifetime exposure of IPV
  - Nearly 2 fold increase of IPV among depressed women
     Beydoun, et al. Soc Sci Med 2012



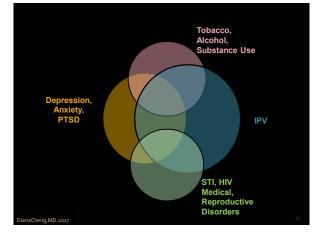
### **IPV and Substance Use**

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- Women who have experienced IPV are more likely to abuse tobacco, alcohol and drugs than women who have not been abused.
- Two out of every three women in substance abuse treatment reported IPV victimization in the pretreatment year.

Lipsky et al, 2010



# **Perinatal Data - PRAMS**

- Pregnancy Risk Assessment Monitoring System (PRAMS)
  - Postpartum survey of new mothers 2-9 months after delivery
- Research project between CDC and state health departments

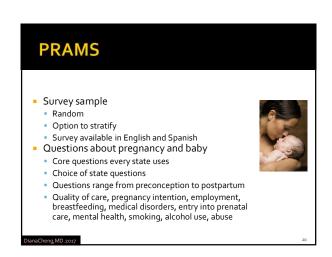
Currently 47 states, NYC, DC, PR

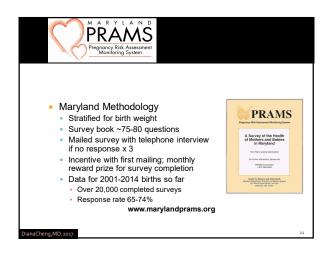
Accounts for 83% of US births

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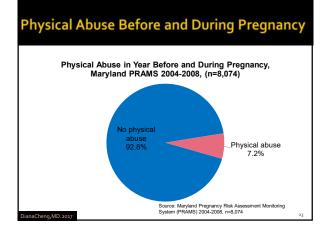
Source: CDC PRAMS

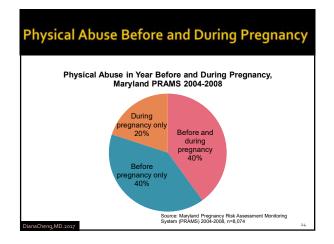
 Goal is to find out why some babies are born healthy and others not



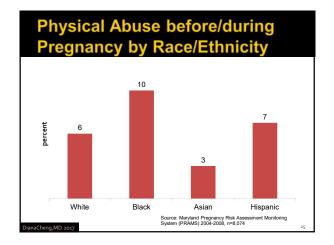


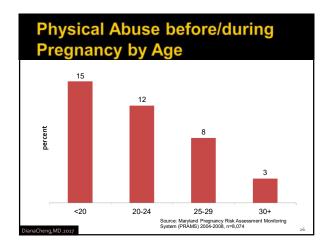
# During pregnancy "During your most recent pregnancy, did an ex-husband or ex-partner push, hit, slap, kick, choke, or physically hurt you in any other way?" "During your most recent pregnancy, were you physically hurt in any way by your husband or partner?" 12 months before pregnancy "During the 12 months before you got pregnant, did ... heng,MD.2017

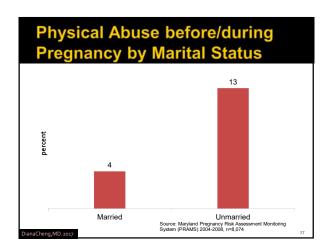


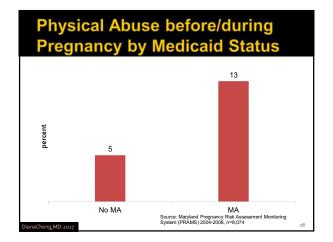


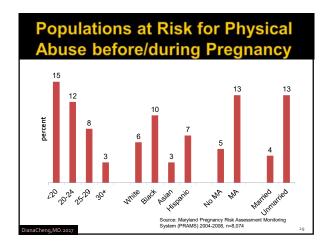
### **PRAMS Survey Questions, Physical Abuse**

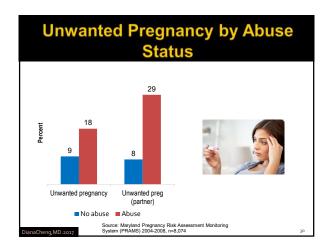


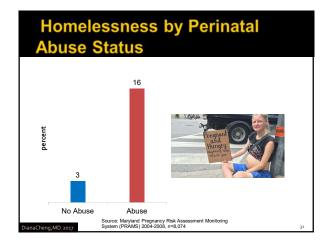


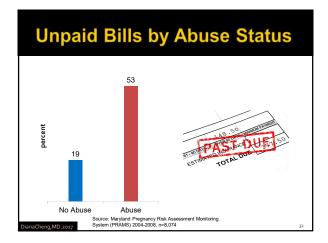


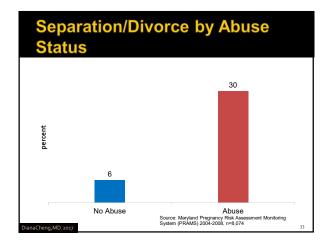




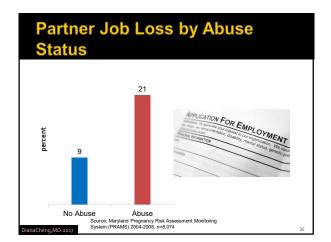


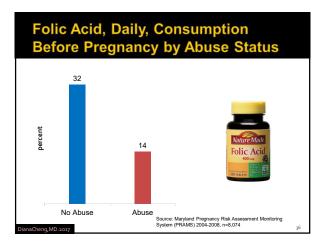


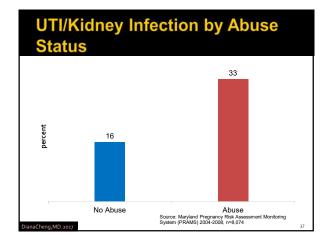


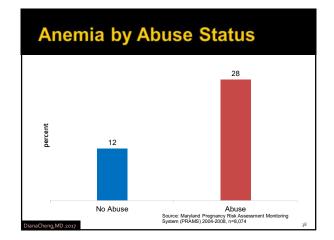


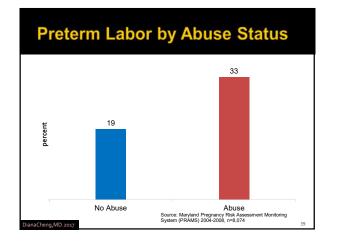


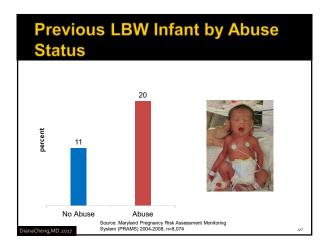


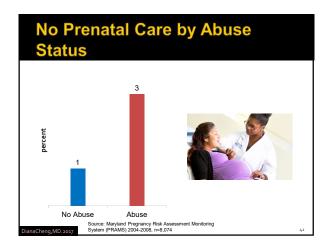


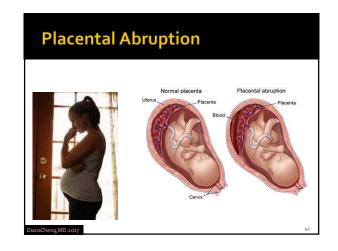








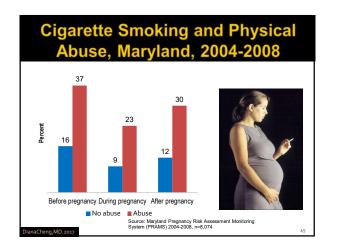




### **Placental Problems** Placental Problems by Physical Abuse, Maryland 2004-8 "Problems with the placenta" were reported at 35% higher rates among percent women who were physically abused 6.2 than those who were 4.6 not abused. Placenta Problems Source: Maryland Pregnancy Risk Assessment Monitoring System (PRAMS) 2004-2008, n=8,074

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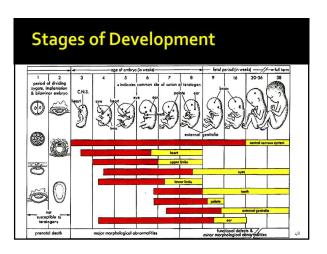






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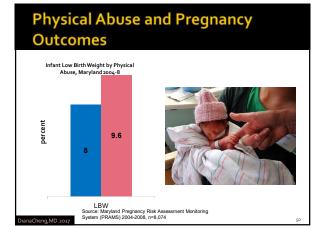


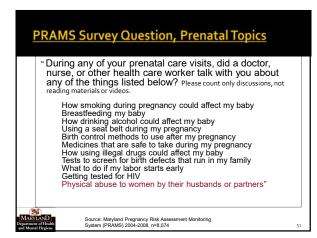
# IPV and Smoking

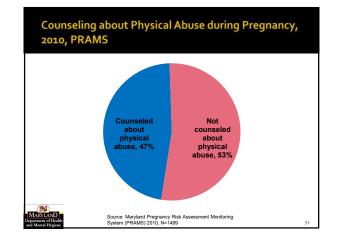
- Smoking rates during pregnancy were 2.6 times higher among abused women than non-abused women (p<.001)</li>
- After controlling for age, race-ethnicity, education, marital status, pregnancy intention, and income, adjusted odds ratio was 1.95.

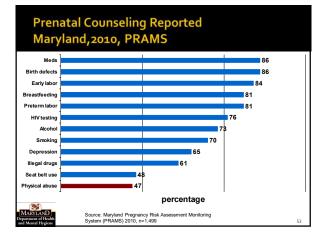
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Cheng et al. Obstetrics & Gynecology 2015









### Comments from PRAMS Mothers: Last Page of Survey

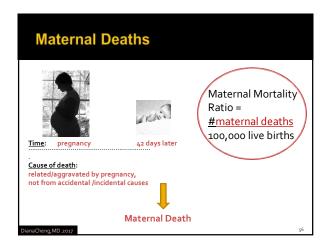
- "I was beaten in the head, face and stomach when I was 16 weeks pregnant."
- "I was 6 months pregnant and lost my baby due to abuse."
- "No one spoke to me about abuse. I wish someone had."

Source: Maryland Pregnancy Risk Assessment Monitoring System (PRAMS) anaCheng,MD.2017

### **PRAMS: Summary**

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- IPV (physical abuse) is prevalent before and during pregnancy
- IPV is associated with poor pregnancy behaviors and factors
- IPV impacts reproductive and perinatal health
- Most women do not report receipt of IPV assessment during prenatal care





	23. PART I. Enter the diseases, or shock, or heart failure IMMEDIATE CAUSE (Final disease or condition resulting in death)	a. PULMONARY THROM	BOEMBOLISM		- 1			Approximate Interval Betwee Onset and Deat
CERTIFICATION	Sequentially list conditions, If env, leading to immediate cause. Enter UNDERLYING CAUSE (Disease or Injury that initiated avants resulting in death) LAST	<ul> <li>DUE TO (DR AS A CON</li> <li>DUE TO (DR AS A CON</li> </ul>		41	5.			
MEDICAL	PART II. Other significant conditio				_	PERFORMEDT	ANA COM OF	NE AUTOPST FINDINGS ILABLE PRIOR TO PELITION OF CAUSE DEATHY ] YES 2   NO
PHYSICIAN:	25. WAS CASE REFERRED TO MEDICAL EXAMINER? 1 1 YES 2 1 NO		ACE OF DEATH (CAN	k only one)			1	
AH4 YB	27. MANNER OF DEATH 1 ())(Network 5 ] Pending 2 ] Accident Investigation	Ste. DATE OF INJURY (Month, Day, New)	286. TIME OF INJUST	24c. INJURY AT WORKT 1 YES 2 NO		SDACIA) BIRE HOM INTIMA OCCI	MED	
	3 Suicide 6 Could not be 4 Momicide determined	28e. PLACE OF INJURY - As building, etc. (Specify)	28s. PLACE OF INJURY — At home, farm, street, factory, office 28 building, etc. (Specify)		264. LOCAT City av	2M. LOCATION (Street and Number or Rural Route Number, City or Town, State)		
OMPLEIEU	294. CERTIFIER (Creek only one) 1 CERTIFYING PHYS MXMEDICAL EXAMINE	ICIAN: To the best of my knowledge, ER: On the basished examination and	death occurred at the or investigation, in my	time, date and place, and du opinion, death occured at th	ie to the cause ie time, date ar	(a) and manner as stated of place, and due to the	( (even(e) and	menner as stated.

### Beyond the Death Certificate

- Death Certificate
- Linked to live birth certificate and fetal death records
- Medical examiner records of women ages 10-50 who died
- Other sources

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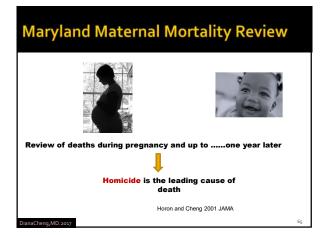
# Before (death configuration of cases) After (enhanced surveillance) Total number of cases 67

	Before	After
Total number of cases	67	247
Leading cause of death	Hemorrhage	

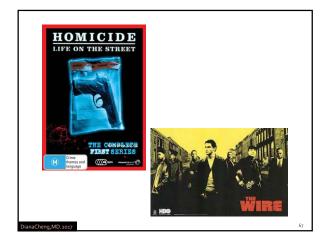
Maternal Mortality 1993-1998	Maryland*	r ,			
	Before	After			
Total number of cases	67	247			
Landian anns of death		l la sectada			
Leading cause of death	Hemorrhage	Homicide			
Source: Horon and Cheng, JAMA 2001					

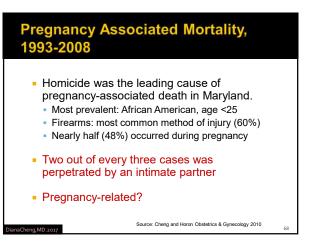
### **Pregnancy-Associated Homicide**











### Maternal Mortality Review, Homicides

Review of all Maryland cases that resulted from homicide:

- Nearly all cases were pregnancy-related
- Nearly all cases were determined to be preventable
- Nearly all cases did not have any documentation of IPV assessment prenatally nor at delivery

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# Impact of IPV on Children

- Poor attachment, developmental delays
- Mental health disorders: depression, anxiety
- Poor self esteem, discipline problems, poor academic performance, risky / aggressive behaviors,
- Risk of abuse
  - Addressing IPV may be one of the most effective ways to prevent child abuse.
  - IPV and child abuse co-occur in ~50% of cases
  - Recommended by the American Academy of Pediatrics



### IPV against Women: Public Health Problem

- Cost of 5.8 billion annually in U.S.\*
  - Medical and mental health services (>4 billion/yr), lost productivity, premature death
- Over 5 million cases per year\*
- Leading cause of injury, disability and death\*\*

\*National Center for Injury Prevention and Control, CDC, 2003 \*\*Spangaro et al. Trauma, Violence, Abuse 2009

### IPV Assessment: Improve Perinatal Health

- Large impact on perinatal health
  - More abused women smoke before pregnancy than non-abused women and are less able to quit
  - Smoking is routinely assessed but not IPV
- Can we improve smoking cessation rates??Interventions for IPV are beneficial
  - Decrease in VLBW (0.8% vs 4.6%)
  - Decrease VPTB (1.5% vs 6.6%)

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- Decrease VFTB (1.5% VS 0.0%)
   Increase mean gostational aga (28.2 w/ka va
- Increase mean gestational age (38.2 wks vs. 36.9 wks)

Kiely et al. 2010; Weinsheimer et al, 2005; McNutt et al 1999; Cheng et al 2015

### MMR Committee Recommendation, 2012

- Assess all women for IPV before, during and after pregnancy
  - Increase awareness among providers and women of the potential severity of intimate partner violence and its impact on health during pregnancy and postpartum
  - Increase awareness among providers and women of services offered at local domestic violence programs.

# Affordable Care Act

- Institute of Medicine Clinical Preventive Services for Women, 7/2011, recommended
  - Screening/counseling for women and adolescent girls for interpersonal/domestic violence in a culturally sensitive and supportive manner.
- Well woman visit, annual
  - Insurance coverage without copays for IPV/DV screening

### Professional Organizations Recommend IPV Screening

- American Academy of Pediatrics (AAP)
- American College of Obstetricians and Gynecologists (ACOG)
- American Medical Association (AMA)
- American Nursing Association (ANA)
- American Psychiatric Association (APA)
- Institute of Medicine (IOM)

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U.S. Public Services Task Force (USPSTF)

## ACOG Committee Opinion

### The American College of Obstetricians and Gymecologists Viewer's Health Care Psychians COMMITTEE OPINION

### Number 518, February 2012

Committee on Health Care for Underserved Women This information should not be construed as dictating an exclusive course of treatment or procedure to be followed.

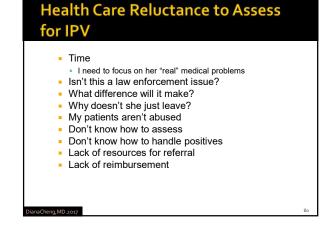
### Intimate Partner Violence

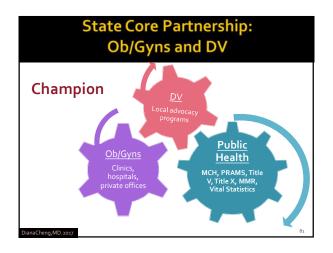
Assess for IPV: new and annual visits OB - 1<sup>st</sup> prenatal visit, each trimester and postpartum visit. Other – depression/substance abuse/mental health/injuries /STI

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# **ACOG Committee Opinion** The American College of Obste N COMMITTEE OPINION 9 Number 592, April 2014 Committee on Health Care for Underserved Women This information should not be construed as dictating an exclusive course of treatment or procedure to be followed. Sexual Assault







### **Project Connect** Maryland

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- Project Connect Maryland
  - Partnership between Futures Without Violence and Maryland Department of Health and Mental Hygiene
  - · Funded by U.S. Department of Health and Human Services (DHHS) Office on Women's Health
  - Develop public health policy and response to IPV/SA
  - Three year project 2013-2015
  - · IPV assessment in Maryland Title X Family Planning Program
  - · Add women's and reproductive health services to DV program
  - IPV Steering Committee

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**Maryland Project Connect** IPV Leadership Team 2013-2015

### Representatives from

- Maryland Department of Health and Mental Hygiene Women's Health/MCH/Injury Prevention/Minority Health/Home Visiting
   Title X Family Planning Program
- Planned Parenthood of Maryland
- House of Ruth
- Maryland Network Against Domestic Violence
- Maryland Coalition Against Sexual Assault
- Maryland State Medical Society
- Johns Hopkins Bloomberg School of Public Health
- Johns Hopkins School of Nursing
- University of Maryland School of Social Work
- Local family planning sites

# IPV Project 2014

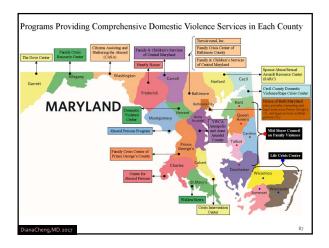
Educating Ob/Gyns

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- American Congress of Obstetricians and Gynecologists (ACOG)
  - Committee on Health Care for Underserved Women
     funding from Merck Pharmaceuticals







### 

### **Core Features of Provider Training**

- IPV assessment is not difficult.
  You don't need to be DV expert.
- Educate everyone, not just those who screen positive
   Disclosure is not the goal
- Partnership with local DV program is necessary for optimal results.
   Present at every training
- Many resources are available for providers and women.
- IPV impacts health and may be source of medical problem. Be a better clinician

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### **Partnerships: Not Just Clinicians**

- Social workers
- Psychologists
- Medical assistants
- Clerks
- Phlebotomists
- Front desk personnel at clinic sites

# **Connect with other programs**

- Substance use
- Mental Health
- Home visiting
- Family Planning
- STI/HIV
- Adolescent health
- WIC

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- Oral Health
- Policy makers
- Academic centers
- Police
  - Law professionals
  - State's attorney office
  - Social services
- Schools Media
- Governor/mayor's office

### **Oral Health DV-Related Programs**



- P.A.N.D.A.
  - Prevent Abuse and neglect through Dental Awareness
  - Maryland continuing education requirement about abuse/neglect for dental and dental hygienist license renewal q 4 years
- Give Back a Smile Program American Academy of Cosmetic Dentistry
  - Dental work for adult men and women with dental injuries from a former intimate partner
  - Injuries in smile zone

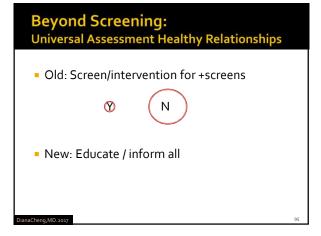


# **IPV Assessment Training**

- Ask everyone [females 15-50]
  - Don't just ask those whom you think are high risk
- Assure confidentiality
- Ask in a private place
- Assess

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- End point = SAFETY
- End point = EDUCATE



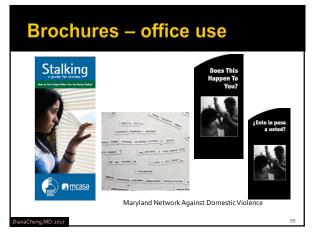
### Don't Ask

- Do you feel safe in your home?
- Are you an abuse victim?
- You aren't experiencing IPV, are you?

# Having a Conversation









Safe and healthy babies....

start with safe & healthy moms!

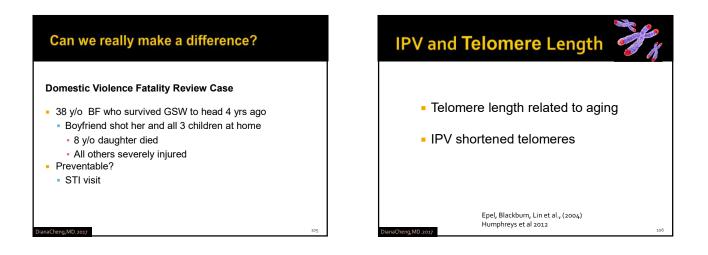
Maryland Health Care Coalition Against Domestic Violence

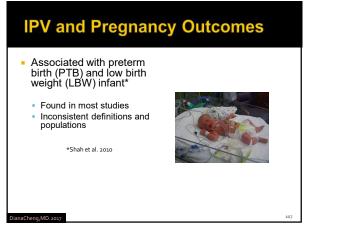












## **Antenatal Stress and Pregnancy**

- Associated with poor pregnancy outcomes
  - Miscarriage
  - Stillbirth
  - Low birth weight
  - Fetal growth retardation
  - Preterm birth
  - ?Infant irritability, sleep disorder, neurobehavioral problems, depression, cognitive problems, ADHD, autism, schizophrenia

