Take part in Health Cares About Domestic Violence Day 2015!

Organizing tools and ideas
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Health Cares About Domestic Violence Day

• 2nd Wednesday of DVAM: Wednesday, October 14th, 2015

• Since 1998, HCADV Day has been a day to raise awareness about the health impact of IPV/SV and the role of health care providers and systems in prevention and response.
Why a Health Care Response is needed

• Ever growing body of research on health impacts of D/SV

• Many victims/survivors access health care more often than they seek other services

• Health providers are well positioned to identify, help and refer patients!
Women who talked to their health care provider about abuse were...  

4 times more likely to use an intervention  

2.6 times more likely to exit the abusive relationship  

McCloskey et al. (2006)
Affordable Care Act

As of January 2014: Insurance companies are prohibited from denying coverage to victims of domestic violence as a pre-existing condition.

As of August 2012:
Health plans must cover screening and counseling for lifetime exposure to domestic and interpersonal violence as a core women’s preventive health benefit.
Health Impact of Domestic and Sexual Violence

• 1 in 4 women and 1 in 10 men have experienced sexual violence, physical violence, or stalking by an intimate partner.

• Men and women who experienced these forms of violence were more likely to report frequent headaches, chronic pain, difficulty sleeping, activity limitations, poor physical health, and poor mental health.
Injuries Among IPV/SA Victims

- Injuries resulting from the assault: including bruises, broken bones, burns, spinal cord injuries, lacerations, knife wounds etc.

- TBI: 71% of women experiencing IPV have incurred traumatic brain injury (TBI) due to a physical assault

(Arias & Corso, 2005; Chrisler & Fergus, 2006; Chrisler & Ferguson, 2006; Abbott et al, 1995; Coker et al, 2002; Frye et al, 2001; Goldberg et al, 1984; Golding et al, 1999; McLeer et al, 1989; Stark et al, 1979; Stark & Flitcraft, 1995)
Long-term health impact of violence

(CDC, 2010)
IPV and Co-Morbid Health Conditions

- Arthritis
- Asthma
- HIV/STIs
- Cancer
- Chronic pain syndromes
- Genitourinary problems
- High cholesterol
- Traumatic Brain Injury
- Heart disease
- Obesity
- Eating disorders
- Stroke
- Depressed immune function
- Irritable bowel syndrome
- Poor perinatal health outcomes

Behavioral Health Co-Morbidities

- Anxiety/Panic Attacks
- Sleep problems
- Memory loss
- Post-traumatic stress disorder (PTSD)
- Depression, poor self-esteem
- Insomnia
- Suicide ideation/actions
- Alcohol, drug, tobacco use

Women who are sexually assaulted are more likely to experience:

- Chronic headaches and backaches
- Chronic stress-related problems such as irritable bowel syndrome and hypertension
- Depression, poor self esteem
- PTSD
- Pelvic pain
- Pelvic inflammatory disease
- Bladder infections
- Sexual dysfunction
- Vaginal and anal complaints
- Unintended pregnancies, STIs
- Complex trauma

(Campbell et al, 2002; Bennice JA et al, 2003; Bergman & Brismar, 1991; Bonomi et al, 2007; Campbell & Lewandowski, 1997; Campbell & Alford, 1989; Chapman JD, 1989; Dienemann et al, 2000; Domino & Haber, 1987; Plichta, 1996)
Strategies for Providers

• Hang posters and place safety cards and brochures in waiting rooms that advertise local resource numbers

• Commit to trying universal education and routine assessment with all patients for one week

• Create screen savers for the computers in your office that say: “Did you talk to your patient about how their relationship affects their health?”

• Invite a DV/SV advocate to conduct a lunchtime presentation for providers and staff
Strategies for Providers: From the Field

Women’s Health Celebration at Women’s Health Care Clinic and Interval House, Los Angeles

Drum circle during women’s health celebration
Strategies for Providers: From the Field

Resource Table at Watts Healthcare Corporation, Los Angeles
Strategies for Providers: From the Field

Continuing Trauma-informed Care at The Children’s Clinic, Long Beach, CA

Follow this link if you’d like to watch the video on your own:
https://www.youtube.com/watch?v=1Evwqu369Jw&feature=youtu.be
Strategies for Advocates: Connect with Providers

• Set up a training about IPV and your organization’s services with a local clinic to take place on HCADV Day.

• Organize volunteers to distribute your organization’s outreach materials to local clinics on HCADV Day.

• Invite a local health partner to come train your organization’s staff about a specific health topic: health impact of violence, reproductive health/coercion, traumatic brain injuries, HIV/AIDS.
Strategies for Advocates: Focus on Health

- Organize a health, wellness, or self care day for your program’s participants
- Hang up and highlight posters or give out materials about the intersection of health and violence
- Hold a brainstorming session with colleagues about ways to incorporate health and health services into your advocacy settings
Strategies for Advocates: From the Field

• Oregon Coalition’s health themed DVAM

• Texas Council on Family Violence hosted a HCADV Day public forum for providers on the health effects of IPV.

• The Woman Abuse Council of Toronto developed a campaign targeting health care providers
Social Media

• Engage your staff, community and local partners in a conversation about assessing for IPV in healthcare settings or facts about health impact using social media with the hashtags #HCADV, #DVAM2015. Sample tweets:


• Create and share [graphics](#) to post to twitter, facebook, and instagram.

• Highlight the work you are already doing to address the health impacts of violence!
Reproductive Health

Did you know that intimate partner violence can directly impact a woman’s reproductive and sexual health — increasing risk for unintended pregnancies and abortions, miscarriage and HIV/AIDS infection?

www.healthcaresaboutipv.org

- Online toolkit with resources, site-specific tools, planning and improvement.
Toolkits, curricula and guidelines

- Adolescent Health Settings
- Reproductive Health Settings
- Health Services in DV Settings
- Home Visitors
Safety Cards

• General health safety cards
• Reproductive health safety cards
• Adolescent health safety cards
• Perinatal safety cards
Posters

• Reproductive health posters
• Adolescent health posters
• Perinatal posters
Provider Training Videos

View full playlist here: http://bit.ly/1KvStO7
What are your ideas or plans for HCADV Day and DVAM?

Share them in the chat!
Thank you!

*Please let us know about how you end up participating either via email or on twitter [@withoutviolence](https://twitter.com/withoutviolence)*!

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